

# Pharmacy Pearls for Prescribers- Heart Failure

\*\* An e-learning course available on the Avera portal \*\*

## **Program Goal**

Pharmacy Pearls for Prescribers provides up-to-date information on medications, developed by a multidisciplinary group of AMG primary care physicians and pharmacists from Avera Health and Avera Health Insurance Division. An interdisciplinary group has been working to develop educational materials to meet this need. In this series we will discuss heart failure management related to: Guideline-Directed Medical Therapy (GDMT) titration for heart failure with reduced ejection fraction, medication titrations and diuresis, review diuresis in the heart failure patient, and identify when outpatient IV diuresis is needed.

## **Physician Objectives**

- 1 Discuss Guideline-Directed Medical Therapy (GDMT) titration for heart failure with reduced ejection fraction
- 2 Define medication titrations and diuresis
- 3 Review diuresis in the heart failure patient
- 4 Identify when outpatient IV diuresis is needed

## **Outcome**

100% of participants will demonstrate their knowledge of heart failure management by passing a post-test with a score of 80% or better.

**Target Audience: Professions** – Physician, Nurse - RN, Pharmacist, Nurse - Nurse Practitioner, Physician Assistant, Nurse -LPN/LVN

## **Completion Requirements**

- Read document
- Complete the post-test
- Complete the evaluation

## **Physicians**

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.00 AMA PRA Category 1 Credits(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Nurses (NCPD)**

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.00** contact hours can be received upon completion of this education activity. This activity can receive **1.00** pharmacotherapeutic credits upon completion of this education activity.

## **Additional Information**

Feedback person for this educational activity is: [averacontinuingeducation@avera.org](mailto:averacontinuingeducation@avera.org)

Enduring material available from 08/12/2021 to 12/31/2022

This course content was reviewed on 08/12/2021

## **Disclosure Policy**

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Name of commercial interest/Nature of relationship</b>
Tenille A Manning Heier	Committee Planning Member	Nothing to disclose
Jen McKeown, MA	Committee Planning Member	Nothing to disclose
Luke Merkel, PharmD	Committee Planning Member	Nothing to disclose
Rebecca VandeKop, MD	Committee Planning Member	Nothing to disclose
Thomas J Babb, PharmD	Committee Planning Member, Faculty	Nothing to disclose
Rachelle Davis-R-6716, PharmD	Content Expert - Committee Member	Nothing to disclose
Chad Thury, DO	Lead Planner	Nothing to disclose
Amy Skoglund, RN, BSN	Nurse Planner	Nothing to disclose

